

Maine School Administrative District No. 75

50 Republic Avenue
Topsham, Maine 04086
TEL (207) 729-9961 FAX (207) 725-9354
www.link75.org

SHAWN M. CHABOT
Superintendent

AMANDA HERSEY
Assistant Superintendent

MARK CONRAD
Business Manager



HEIDI O'LEARY
Director of Special Services
(207) 729-1557

ALLEN LAMPERT
Director of Adult and
Community Education
(207) 729-7323

April 6, 2020

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COVID-19 Update Letter #8

M.S.A.D. No. 75 families and community members:

We have several important announcements concerning Health Services Call-in Lines and our Meal Program.

Schools Closed Until May 4, 2020

At this time, in accordance with the Governor's Stay-at-Home Order, schools in M.S.A.D. No. 75 and across the State are **closed until May 4, 2020**. It is our **hope** that we can reopen our schools at that time; as we all want our students and staff back in our schools. We miss them! However, we are also planning for the possibility of a longer shut-down if needed.

Volunteers Needed

We have nutrition workers, bus drivers, District Office staff, etc., working on-site to support our students and staff. We would greatly appreciate it if you, or someone you know, would be willing to make and donate homemade face coverings for our personnel working at school. If you would like more information to volunteer or donate, please contact Mary Booth at 798-3600. Thank you!

Health Services Call-In Lines

These are challenging times. In an effort to support our students, staff, families, and community members, M.S.A.D. No. 75 nurses, nurse practitioner, and Health Coordinator will be available for call-in hours. You are welcome to call in with your questions about COVID-19. We will provide you with basic health information

and/or direct you to appropriate resources. If someone does not answer your call, they may be on the line with another person. Please leave a message, and your call will be returned as soon as possible.

School Nurse Call-In Hours, Monday - Friday from 9:00 AM to 3:00 PM

- ELEMENTARY SCHOOLS
 - Monday & Wednesday, Calls Answered by Ellen Martel @ 798-3608
 - Tuesday & Thursday, Calls Answered by Lori Huot @ 798-3628
 - Friday, Calls Answered by Therese Chamberland @ 798-3618
- MT. ARARAT MIDDLE SCHOOL, Calls Answered by Naomi Mullane @ 798-3638
- MT. ARARAT HIGH SCHOOL, Calls Answered by Kelsey Fogg @ 798-3648

Nurse Practitioner Call-In Hours for Students Enrolled in the School-Based Health Center

- Monday & Thursday from 8:30 AM - 2:30 PM Calls Answered by Laurel Reeve @ 798-3658

General Questions District-wide (similar to the State's 211 number)

- Monday - Friday from 8:00 AM - 4:00 PM Calls Answered by Mary Booth @ 798-3600

If you have an EMERGENCY, please call one of the numbers below.

ALL NUMBERS BELOW are FREE and available to all ages 24/7

1. Life-threatening emergency - dial or text 911
2. Mental health emergency - State-wide Crisis –1 (888)- 568-1112
3. National Suicide Prevention Lifeline - 1(800)-273-TALK (8255)
4. Crisis Text option - Text HOME or HELLO to 741741
5. Sexual Assault Response Services - 1(800)-871-7741
6. Child Abuse Reporting - DHHS - 1(800)-452-1999
7. Information and referral service - State-wide - Dial 211 or text your zip code to 898-211

Important Changes to M.S.A.D. No. 75 Meal Pickup Schedule

Beginning Wednesday, April 8th, we will have one pick-up day a week. This pickup will now include seven days' worth of meals. Each child will receive a large grocery bag filled with seven days of breakfast, lunch, and milk. We will also include cooking/reheating & refrigeration guidelines. We are trying, as best as we can, to limit exposure to our staff as well as our families during this extended period of closure. We also want to act in accordance with, and support, the Governor's instructions for staying at home to the best of our abilities.

Our hours and locations will be as follows:

- Mt Ararat Middle School - Wednesdays 11:00 AM - 2:00 PM: PICK-UP IN FRONT BUS LOOP ONLY
- Bowdoin Central School – Wednesdays 12:00 PM - 1:00 PM
- Harpswell Community School – Wednesdays 12:00 PM - 1:00 PM

If you cannot pick up at the designated time frame from 12:00 PM - 1:00 PM, the middle school will have extended hours to accommodate the weekly pickup. As always, if you have any questions, please contact Katy DiCara, dicarak@link75.org

Again, we strongly ask that you and your family do everything you can to follow our Governor's and President's instructions, along with the State and National CDC, concerning the spread of COVID-19.

Be well!

Sincerely,

Shawn M. Chabot
Superintendent of Schools